Date: Approved - 5/11/15

To: GEYF Board

From: R. White

Subject: 2015 Practice time reduction for both youth football and cheer.

Current 2014/2015 Bylaw Sections

7.11c Once school has let out for the summer, all teams are allowed to practice a maximum of 5 2 ½ hours practices in a (7) seven day period.

7.12 The first week of practice must be devoted to conditioning for all players. During this conditioning period, no protective football gear may be worn except for helmets and mouthpieces. A maximum of 5 2-½ hour practices are allowed during the first week.

7.14 Second, third and fourth weeks of practice is a maximum of five 5 - 2 ½ hours in a seven (7) day period. Seven-day period is Sunday to Sunday.

7.15 After school starts and during the regular/post season, practice for all divisions will be limited to three (3) two and a half hour (2.5) practices in a seven (7) day period.

2015 Bylaw Revision:

 Proposed reduction of ½ hour or thirty minute time period:

See below -

7.11c Once school has let out for the summer, all teams are allowed to practice a maximum of (5) 2 hour practices in a (7) seven day period.

7.12 The first week of official equipped practice must be devoted to conditioning for all players. During this conditioning period, no protective football gear may be worn except for helmets and mouthpieces. A maximum of (5) 2 hour practices are allowed during the first week.

7.14 Second, third and fourth weeks of practice are a maximum of five (5) 2 hour practices in a seven (7) day period. Seven-day period is Sunday to Sunday.

7.15 After school starts and during the regular/post season, practice for all divisions will be limited to three (3) 2 hour practices in a seven (7) day period.

Note: All Area team practice periods will remain intact per bylaw section 9.2.

Respectfully submitted,

R. White
GEYF/GEYC